

Monday



(v) Cheese & Tomato Pizza G.D.

or



(vg) Quorn & Bean Tostada (Tortilla) G.

or



(v) Cheese/Beans D

or



Egg Mayonnaise G.E.

Jacket Potatoes Every Day

Tuesday



Pasta Bolognese G./Cheese D. (vg) Plant Power Hot Dog G.

or



or



(v) Cheese D.

or



Tuna Mayonnaise F.E.G

Wednesday



Roast Pork Slice

or



(vg) Quorn Roast G.

or



Tuna Mayonnaise F.E.

or



British Roast Chicken G

Thursday



Beef Grill G.SB.SU in a Bun G.

or



(vg) Chunky Vegetable Curry.

or



(v) Cheddar Cheese G.D.

Friday



Breaded Fish Fillet Fingers F.G

or



(v) Tomato Pasta Bake D.G.

or



British Ham G.

Week 3 Dessert Menu

Monday

(v) Homemade Crunch Cookie (G)

Tuesday

(v) Homemade Lemon / Orange Drizzle Cake (G.E)

Wednesday

(v) Strawberry Whip with Fruit (D)

Thursday

(v) Homemade Chocolate Frosted Sponge (G.E.D)

Friday

(v) Ice Cream Tub D.

Every day we offer:

(v) Yoghurt, (D.SB)
or fresh fruit as alternative dessert options

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown.

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink

Key

vg = vegan

V = vegetarian

D = Dairy

N = Coconut/Nuts

S = Sesame

E = Egg

G = Gluten/wheat

F = Fish

M = Mustard

SB = Soya

SU = Sulphites

Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.