

Monday



Pork Meatball Pasta Bake G.D

or



(v) Vegetable Enchilada G.D

or



(v) Cheese/Beans D.

or



(v) Cheddar Cheese G.D.

Jacket Potatoes Every Day

Tuesday



Chicken Curry with Rice D

or



(v) Cheese & Tomato Pizza Wedge G.D

or



(v) Cheese D.

or



Tuna Mayonnaise F.E.G.

Wednesday



Roast Beef in Gravy, York Pud D.E.G

or



**(vg) Quorn Roast G.
(v)Yorkshire Pudding D.E.G**

or



Tuna Mayonnaise F.E.

or



British Roast Chicken G.

Thursday



(vg) Quorn Dippers in a Wrap G

or



(v) Cheese & Potato Pasty D.E.G

or



Egg Mayonnaise G.E.

Friday



Battered Fish Fillet F.G

or



(v) Texan Sausage & Bean Bake G.D

or



British Ham G.

Week 1 Dessert Menu

Monday

(v)Homemade 'School Favourite' Sprinkles
Sponge Cake (G.E.)

Tuesday

(v) Homemade Chocolate Cracknel (G)

Wednesday

(v) Homemade Raspberry & Apple Sponge
with
Custard (D.G.E.)

Thursday

(vg) Homemade Melting Moment Biscuit
(G.SU)

Friday

(vg) Jelly with Fruit

Every day we offer:

(v) Yoghurt, (D.SB) or
Fresh fruit as alternative dessert options

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown.

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink.

Key

vg = vegan

V = vegetarian

D = Dairy

N = Coconut/Nuts

S = Sesame

E = Egg

G = Gluten/wheat

F = Fish

M = Mustard

SB = Soya

SU = Sulphites

Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.

Monday



Moroccan Chicken Pasta G

or



(vg) Crispy Vegetable Fingers G

or



(v) Cheese/Beans D.

or



Tuna Mayonnaise F.E.G.

Jacket Potatoes Every Day

Tuesday



(v) Rustic Pizza Wedge G.D.SB

or



(v) Roasted Vegetable Frittata D.E

or



(v) Cheese D.

or



(v) Cheddar Cheese G.D.

Wednesday



British Roast Chicken, Stuffing G.

or



**(vg) Quorn Roast G.
Optional Stuffing G.**

or



Tuna Mayonnaise F.E.

or



Egg Mayonnaise G.E.

Thursday



Pork Sausages G.SU.SB

or



(vg) Sweet 'n' Sour Quorn E

or



British Roast Chicken G

Friday



Crispy Salmon Fishcake F.G.

or



(vg) Plant Power Burger in a Bun G.

or



British Ham G.

Week 2 Dessert Menu

Monday

(vg) Homemade Flapjack (G)

Tuesday

(vg) Homemade Shortbread G.

Wednesday

(v) Ice Cream Tub D.

Thursday

(v) Homemade Peach Melba Sponge (G.E)

Friday

(vg) Jelly with Fruit

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(v) Cheese & Tomato Pizza G.D.

or



(vg) Quorn & Bean Tostada (Tortilla) G.

or



(v) Cheese/Beans D

or



Egg Mayonnaise G.E.

Jacket Potatoes Every Day

Tuesday



Pasta Bolognese G./Cheese D. (vg) Plant Power Hot Dog G.

or



or



(v) Cheese D.

or



Tuna Mayonnaise F.E.G

Wednesday



Roast Pork Slice

or



(vg) Quorn Roast G.

or



Tuna Mayonnaise F.E.

or



British Roast Chicken G

Thursday



Beef Grill G.SB.SU in a Bun G.

or



(vg) Chunky Vegetable Curry.

or



(v) Cheddar Cheese G.D.

Friday



Breaded Fish Fillet Fingers F.G

or



(v) Tomato Pasta Bake D.G.

or



British Ham G.

Week 3 Dessert Menu

Monday

(v) Homemade Crunch Cookie (G)

Tuesday

(v) Homemade Lemon / Orange Drizzle Cake (G.E)

Wednesday

(v) Strawberry Whip with Fruit (D)

Thursday

(v) Homemade Chocolate Frosted Sponge (G.E.D)

Friday

(v) Ice Cream Tub D.

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or fresh fruit as alternative dessert options

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