**Clean Air Assembly plan**

**This plan can be delivered digitally through videoconference or in person.**

**Time:** 10 mins

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| **Time** | **Activity** | **Notes and resources** |
| 2 mins | Introduce yourself and Clean Air Day.Clean Air Day, taking place on 17 June 2021, is an opportunity to demonstrate our support for action on air pollution and speak out to show how much we care about building a clean air future for our children. This year’s theme is: ‘protect our children’s health from air pollution’. As we return to our lives, we must take this opportunity to create healthy environment for our children where they can learn and play safely. We have a once in a lifetime chance for change. Let’s use it.   | Slide 1  |
| 3 mins | **Intro to air pollution****Ask**: Does anyone know what air pollution is? [could ask for hands-up answers]**Answer:** Air pollution is lots of little particles in the air (some smaller than the width of a human hair) that can cause harm to our bodies. The more particles we breathe in, the greater harm to our health. There are sources of air pollution both indoors and outdoors.**Ask:** Does anyone know where air pollution comes from? [could ask for hands-up answers]**Answer:** Air pollution comes from lots of different sources, like industry, farming and when we have fires at home or in the garden, but most air pollution comes from vehicles like cars, vans and lorries. **How does it affect us?** * Air pollution can damage your lungs and impact your breathing.
* Exposure to air pollution can cause asthma, or make symptoms of asthma worse.
* Breathing air pollution can impact your heart and cause future heart problems.

The good news is, is that we can fix it by doing lots of different things! **Explain** thatwe’ll talk more about solutions to air pollution at the end. first, we’ll play a game.  |  Slide 1-4    Slide 5   Slide 6 |
| 3 mins | **Source (head), Health effect (shoulders), Solution (knees) game****Explain** that you’ll go through the slides – each with a source, health effect or solution on them. Ask them to put their hands on their heads if it’s a source, on their shoulders if it’s a health effect and their knees if it’s a solution. Repeat this process so they remember source, effect, solution = heads, shoulders, knees.**Ask** them all to stand up and then play the game. **Alternative for no projector** ask the children to repeat the source/effect/solution back to you and then put their hands on their heads/shoulders/knees. For a small classroom group, you can print off the sources/effect/solution pages and hold these up.   | Slides 7 - 23 |
| 2 mins | **Solutions** **Explain** that there are lots of ways to reduce our exposure the air pollution. Talk briefly through the examples on the slide.**Alternative for no projector** take suggestions from the children about what they could do to reduce air pollution. Then talk through the examples (print these pages off as a reminder for yourself). | Slide 24-25 |

To get involved in Clean Air Day and learn more about how air pollution could be affecting you and your family’s health, visit [cleanairday.org.uk](https://www.cleanairday.org.uk/) or search #CleanAirDay. Due to Covid-19, please ensure that any activities you undertake meet with your government’s guidelines.

Clean Air Day is coordinated by © Global Action Plan on behalf of over 250 Supporter organisations.