

# Year 5

# Bell Heath Residential

Wednesday 28<sup>th</sup> April to Friday  
30<sup>th</sup> April 2027



**Newburgh**  
Primary School





# What do we do there?

- Zip wire
- Problem solving
- Archery
- Low ropes
- Jacobs Ladder
- Climbing
- Team building
- Grass sledging
- Night walk
- Den building activities



Activities are on site except for the night walk.

# What is it like there?

- Bell Heath is a purpose built facility set in 20 acres of woodland, in North Worcestershire.
- The bedrooms are all located on the same floor with boys one side and girls the other. Adult bedrooms will be mingled in between.
- Showers and toilets are located beside or along the corridor from the bedrooms.
- Highly trained instructors.



# Meals

- Fully cooked breakfast and cereal.
- Children prepare their own packed lunch
- Cooked dinner – Children have an option of three different choices and pick which they would like in the morning.
- Cold drinks always available

|                      | Monday                                                                                                | Tuesday                                                          | Wednesday                                                                                 | Thursday                                                      | Friday                                                                                    |
|----------------------|-------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|-------------------------------------------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------------------------------------------|
| Breakfast            |                                                                                                       | Sausages<br>(GFA)<br>Hashbrowns,<br>Baked Beans                  | Pan Au Chocolate<br>(GFA)<br>Croissants<br>(GFA/DFA)<br>Toast<br>(GFA)<br>Cereal<br>(GFA) | Sausages<br>(GFA)<br>Hashbrowns<br>Baked Beans                | Pan Au Chocolate<br>(GFA)<br>Croissants<br>(GFA/DFA)<br>Toast<br>(GFA)<br>Cereal<br>(GFA) |
| Lunch                | Own Packed Lunch                                                                                      | Packed Lunch                                                     | Packed Lunch                                                                              | Packed Lunch                                                  | Packed Lunch                                                                              |
| Dinner               | Chicken Curry<br>(GF/DF/HA)<br>Rice,<br>Naan Bread<br>(GFA)                                           | Pasta Bake,<br>(GFA/DFA)<br>Sweetcorn &<br>Garlic Bread<br>(GFA) | Chilli Con Carne<br>(GF/DF/HA)<br>Rice & Sweetcorn                                        | Pepperoni Pizza<br>(GFA/DFA)<br>Chips & Peas                  |                                                                                           |
| Salad                | Jacket Potato<br>Salad<br>Grated Cheese<br>(DAF)<br>Baked Beans                                       | Jacket Potato<br>Salad<br>Grated Cheese<br>(DFA)<br>Tuna Mayo    | Jacket Potato<br>Salad<br>Grated Cheese<br>(DFA)<br>Beans                                 | Jacket Potato<br>Salad<br>Grated Cheese<br>(DFA)<br>Tuna Mayo |                                                                                           |
| Vegetarian           | Sweet & Sour<br>Veg (GF/DF)<br>Rice &<br>Naan Bread<br>(GFA)                                          | Vegetable Curry<br>(GF/DF)<br>Rice &<br>Sweetcorn                | Vegetable Stir Fry<br>(GF/DF)                                                             | Cheese Pizza<br>(GFA/DFA)<br>Chips & Peas                     |                                                                                           |
| Sweet                | Ice Cream<br>(DFA)                                                                                    | Treacle Sponge<br>& Custard<br>(GFA/DFA/EFA)                     | Ice Cream<br>(DFA)                                                                        | Chocolate<br>Sponge &<br>Chocolate Sauce<br>(GFA/DFA/EFA)     |                                                                                           |
| Supper<br>Cake       | Lemon Drizzle<br>(GFA/DFA/EFA)                                                                        | Flapjack                                                         | Muffins<br>(GFA/DFA/EFA)                                                                  | Rice Crispy<br>Cakes<br>(GFA/DFA)                             |                                                                                           |
| Dietary<br>Allergens | (GF) – Gluten Free – (DF) – Dairy Free – (GFA) – Gluten Free Available – (DFA) – Dairy Free Available |                                                                  |                                                                                           |                                                               |                                                                                           |

# Who will be going?

- Adults from school.
- Any children in Year 5.



# Why go?

- Builds teamwork skills
  - Raises self esteem
  - Develops independence and responsibility
  - Good development before Y6 residential
  - Opportunity to try something new
  - Having fun!
- 
- Medical/dietary needs can be catered for.
  - Help with cost may be available for eligible families.







# What's included?

The cost of the trip is £

- The total cost includes....
- All food and drink (choice of breakfast and hot dinner, and a packed lunch)
- Accommodation (bunk beds in small dormitories)
- Activities run by qualified staff
- Safety equipment
- Coach travel
- Insurance



# Payment

|                                 |                            |            |
|---------------------------------|----------------------------|------------|
| <b>Deposit (Non refundable)</b> | <b>Monday 2nd November</b> | <b>£90</b> |
| Instalment 2                    | <b>Monday 4th January</b>  | £90        |
| Instalment 3                    | <b>Monday 1st March</b>    | £90        |

The cost for the visit will approximately £270 (exact cost to be confirmed once initial deposits received). This cost includes transportation by coach, all tuition, accommodation, equipment, food and insurance.

- Insurance - you may wish to take out insurance in case of cancellation or withdrawal.
- Letters will be sent out to you with details tomorrow and a form to show interest. When deposit is paid your place will be confirmed.
- Help with payment if necessary can be sought from Head Teacher or the school office. There is a criteria to be met but we can signpost other support as well.

# How can you help prepare your child?

- Children will be expected to...
- Shower themselves
- Be able to fully dress themselves e.g. tie own shoelaces, comb/tie up own hair
- Make their own packed lunch including making sandwiches
- Be responsible for filling own water bottle
- Be responsible for their own belongings e.g. keeping their area of the dormitory tidy
- Be able to settle themselves to sleep at night time
- Make sure you have slept at another persons house

# What do you need to provide?

Kit list will be available and will be added to the school website page

# Questions?

Remember Bell Heath is experienced in hosting residential trips for children, so all needs can be catered for.

Please speak to your child's class teacher, Miss Solway or the School Office with any questions you may have at any time.