

Monday



Moroccan Chicken Pasta G

or



(vg) Crispy Vegetable Fingers G

or



(v) Cheese/Beans D.

or



Tuna Mayonnaise F.E.G.

Jacket Potatoes Every Day

Tuesday



(v) Rustic Pizza Wedge G.D.SB

or



(v) Roasted Vegetable Frittata D.E

or



(v) Cheese D.

or



(v) Cheddar Cheese G.D.

Wednesday



British Roast Chicken, Stuffing G.

or



**(vg) Quorn Roast G.
Optional Stuffing G.**

or



Tuna Mayonnaise F.E.

or



Egg Mayonnaise G.E.

Thursday



Pork Sausages G.SU.SB

or



(vg) Sweet 'n' Sour Quorn E

or



British Roast Chicken G

Friday



Crispy Salmon Fishcake F.G.

or



(vg) Plant Power Burger in a Bun G.

or



British Ham G.

Week 2 Dessert Menu

Monday

(vg) Homemade Flapjack (G)

Tuesday

(vg) Homemade Shortbread G.

Wednesday

(v) Ice Cream Tub D.

Thursday

(v) Homemade Peach Melba Sponge (G.E)

Friday

(vg) Jelly with Fruit

Every day we offer:

(v) Yoghurt, (D.SB)
or fresh fruit as alternative dessert options

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown.

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink

Key

vg = vegan

V = vegetarian

D = Dairy

N = Coconut/Nuts

S = Sesame

E = Egg

G = Gluten/wheat

F = Fish

M = Mustard

SB = Soya

SU = Sulphites

Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.