

Monday



Pork Sausages G.S.U.

or



(v) Veggie Korma Curry with Wholegrain or White Rice D.

or



(v) Cheese/Beans D.

or



(v) Cheese D.

or



Tuna Mayonnaise F.E.

Jacket Potatoes Every Day

Tuesday



Pasta with Peas & Bacon D.G.

or



(v) Veggie Breakfast Pattie in a Bun G.D.E.

Wednesday



British Roast Chicken, Stuffing G.

or



(vg) Quorn Roast G. Optional Stuffing G.

Thursday



Pasta Bolognese G./Cheese D.

or



(v) Homemade Vegetable Burrito Bake D.G.

Friday



Crispy Salmon Fishcake F.G.

or



(v) Homemade Cheese & Tomato Pizza D.G.

Week 1 Dessert Menu

Every day we offer:

(v) Yoghurt, (D.) or
Fresh fruit as alternative dessert options

Monday

(v) Swirly Chocolate Mousse D.
(vg) Homemade Fruity Flapjack G.

Tuesday

(v) Homemade Crispy Cornflake Cookie G.E

Wednesday

(v) Homemade Chocolate and Orange Brownie G.E.

Thursday

(vg) Homemade Strawberry Slice G.

Friday

(v) Ice Cream Tub D.
(v) Cheddar Cheese, Crackers and Apple Wedges G.D.

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a Hydration Station, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown.

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink.

Key

vg = vegan

V = vegetarian

D = Dairy

N = Coconut/Nuts

S = Sesame

E = Egg

G = Gluten/wheat

F = Fish

M = Mustard

SB = Soya

SU = Sulphites

Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.